

## READING HEALTH AND WELLBEING BOARD

DATE OF MEETING:	13 March 2020	
REPORT TITLE:	Mental Health Strategy 2016-21 Progress Update	
REPORT AUTHOR:	Kathryn MacDermott	TEL:
JOB TITLE:	Acting Executive Director of Strategy	E-MAIL:
ORGANISATION:	Berkshire Healthcare NHS Foundation Trust	

### 1. PURPOSE OF REPORT AND EXECUTIVE SUMMARY

- 1.1 The report provides an update on the progress of the Mental Health strategy. Key updates in national policy since May 2019 include the release of The NHS Long Term Plan with its ongoing commitment to investment in Mental Health services and new models of care, including: a new service model with development of out of hospital care through a new urgent care offer, Primary Care Networks, support to people in care homes and supporting people to age well - all of which are relevant to mental health and the design of mental health services; more action on prevention and health inequalities is highlighted - including the higher risk of poor health experienced by people with severe mental illness; further progress on care quality and outcomes - including children and young peoples mental health services as well as adult mental health services; NHS Staff will get the backing they need - including reference to increasing recruitment and retention in medical staff and development of new roles; Digitally enabled care will go mainstream across the NHS - includes the mental health GDE programme, digitally enabled therapy in IAPT services, and children's mental health services. Development of Population Health Management will be underpinned by development in capture/use of mental health data.
- 1.2 Berkshire West has prioritised the reduction of **out of area placements**, and although good progress has been made in achieving the required trajectory, this work continues to present a significant challenge.
- 1.3 Berkshire West was successful in securing wave 2 funding for mental health support teams in schools, building on the wave 1 funding secured previously. This will strengthen early intervention for young people, which is very important given the continuing high referral rates into our CAMH Services.
- 1.4 Good progress has been made with the New Models of Care for forensic tier four CAMHS and Eating Disorder Services, which has seen the establishment of provider collaboratives taking responsibility for provision of care closer to home and effective management of resources across the whole care pathway. This has reduced the number of placements made outside the patch and also secured financial savings in forensic services.
- 1.5 Appendix 1 - Berkshire Healthcare NHS Foundation Trust Mental Health Strategy 2016-21 Progress Update - November 2019

## **2. RECOMMENDED ACTION**

**2.1 That the report be noted.**

## **3. POLICY CONTEXT**

3.1 The Mental Health Strategy exists within the context of the NHS Long Term Plan and the BOB ICS five year plan.

## **4. THE PROPOSAL**

Not applicable

## **5. CONTRIBUTION TO READING'S HEALTH AND WELLBEING STRATEGIC AIMS**

5.1 The BHFT Mental Health Strategy contributes to four of the Reading Health and Wellbeing Strategy priorities:

- Reducing loneliness and social isolation
- Promoting positive mental health and wellbeing in children and young people
- Reducing deaths by suicide
- Making Reading a place where people can live well with dementia

5.4 The proposal recognises that plans in support of Reading's 2017-20 Health and Wellbeing Strategy should be built on three foundations - safeguarding vulnerable adults and children, recognising and supporting all carers, and high quality co-ordinated information to support wellbeing. The proposal specifically addresses these in the following ways:

Safeguarding vulnerable adults and children

## **6. ENVIRONMENTAL AND CLIMATE IMPLICATIONS**

Not applicable

## **7. COMMUNITY & STAKEHOLDER ENGAGEMENT**

Not applicable

## **8. EQUALITY IMPACT ASSESSMENT**

Not applicable

## **9. LEGAL IMPLICATIONS**

Not applicable

## **10. FINANCIAL IMPLICATIONS**

Not applicable

## **11. BACKGROUND PAPERS**

Not applicable