

Appendix A

Reading Borough Council Period Poverty Action Plan

Action Plan	Activity Description	Leads	Timescales	Performance Measures
Support schools in Reading to ensure the provision of free sanitary products	Ensure announced central government funding for supplies can be accessed by schools	Public Health	November 2019	Number of schools accessing central funding
Support more schools in Reading to set up donation boxes filled with free sanitary products	Link schools with the Red box project to set up boxes before September 2019	Public Health	Before September 2019	Number of schools linked with the Red Box initiative
Ensure supply of menstrual products to students during school holidays	Link with food banks to ensure supply of menstrual products during school holidays Communications to raise awareness of this service provision among students via school newsletter	Public Health Public Health/Schools	November 2019	Number of students supported during school holidays
Offer period related information and education sessions in secondary schools	Offer SRE (Sex and Relationship Education) sessions in Year 6 around growing up/periods	Public Health/ School Health Nurses	On-going	Number of SRE sessions delivered in schools
Support the provision of free menstrual products at Homeless Hostels	Link homeless hostels with food banks to ensure supply of menstrual products	Public Health/ housing team	November 2019	Number of hostels supported

Support the provision of free menstrual products for vulnerable women who are sexually exploited and are victims of human trafficking	Link relevant project (such as Rahab and Victim's First-Willow Project) with food banks to ensure product supply.	Public Health/Rahab Project	November 2019	Number of women supported
Explore with Union colleagues to support the Period Dignity campaign	Support the Unions Period Dignity Campaign Unions to raise awareness of the campaign among Members	Public Health/ Local union reps Local union reps	November 2019 On-going	
Communication activity to reduce period stigma and shame	Share Period dignity messages via local authority communications channel Display Period dignity posters in female toilet	Public Health/Communications team/ Facilities team	November 2019	Number of posts/articles shared via communications channel
Review Director of Public Health's Annual Report which focus on	Take on board any period poverty relevant action as an employer	Public Health	December 2019	

workplace health	Advocate for other employers in Reading to also take on board any period poverty related recommendations			
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23rd Sept 2019